






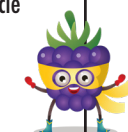





MENUS ARE SUBJECT TO CHANGE

March 2022 Menus

Grades 6-12 Week - March 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T				
03-07  Buttery Maple Waffle - V Fruit Juice Got Milk 	03-08 Deluxe Cereal Bowl - V Fresh Apple Got Milk	03-09  Café LA Coffee Cake - V Fruit Juice Got Milk	03-10 Beef, Egg & Cheese Burrito Fresh Apple Got Milk 	03-11  Cheese Stuffed Pocket - V Fresh Apple Got Milk
L U N C H				
03-07 Cheese Pizza Wedge - V Strawberry Yogurt - V Chocolate Chip Cookie Coleslaw Berry Berry Blue Slush Fresh Fruit Got Milk 	03-08 Chicken Tenders, Homestyle Cheesy Pillows - V Roasted Potato Wedges Frozen Black Cherry Juice Cup Got Milk	03-09 All Star Turkey Hot Dog Cheese Pizza Wedge - V Mixed Vegetables Paradise Punch Vegetable Juice Cara Cara Orange Got Milk 	03-10 Yang's Orange Chicken & Rice Toasted Cheese Sandwich - V Romaine Salad Frozen Strawberry Creamsicle Got Milk 	03-11 Zesty Beef Chalupa or Breaded Cheese Fish Wedges Bean & 2-Cheese Dip - V Fritos Corn Chips Fiesta Pinto Beans Salsa Cup Fresh Apple Slices Got Milk
S U P P E R				
03-07 Bean & Cheese Chimichanga - V Salsa Cup Fresh Apple Slices Got Milk	03-08 Ranch Cheddar Cheese Turkey Stick Fritos Corn Chips Cherry Smooth Cup Mixed Fruit Cup Got Milk	03-09 Beef Steak w/Gravy Cornbread Orange Medley Juice Peach Pop Got Milk	03-10 Cheesy Pillows Marinara Cup Fresh Banana Got Milk 	03-11 Three Cheese Calzone Coleslaw Dried Cranberries Got Milk



Serving Fresh
Cara Cara
Oranges on
Wednesday,
the Café LA
Harvest!

 **All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

S: Items with an (S) can be saved for later **V:** Vegetarian items

Fresh Fruit: Apple Slices, Apple, Orange, Banana, Nectarine, Plum, Peach

LAUSD Menus are Nut Free



A Weekend Meal Kit that includes
supper and snacks meals will be
provided on Fridays

Visit us @ <http://achieve.lausd.net/cafelat>
For more information call (213) 241-6422

Posted 02/25/22

#NSBW22 – March 7-11, 2022

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